



DECCAN EDUCATION SOCIETY'S
Shri. Navalmal Firodia Law College, Pune

(Affiliated to University of Pune, ID No. PU/PN/LAW/207/2004) Recognised by 2 (B) and 12(f)
(Approved by Bar Council of India) NAAC Recognised

YOGA IS THE JOURNEY OF THE SELF, THROUGH THE SELF

Since 2015, the International Yoga Day is celebrated worldwide on 21st June every year.

Yoga is a physical, mental, and spiritual practice which originated in ancient India. On 11th December, 2014, our Prime Minister, Narendra Modi, in his UN address suggested, 21st June to be celebrated as Yoga Day globally, since it is the the longest day of the year in the northern hemisphere and shares special significance in many parts of the world.

On account of the International Yoga day, our college, D.E.S.'s Shri Navalmal Firodia Law College, conducted a programme themed "Yoga is the journey of the self, through self."

Mrs. Shilpa Salve (Life coach, Yoga therapist and Author) was the Chief Guest who conducted a brilliant and insightful yoga session and enlightened us with her experiences and wisdom gathered over a number of years in the field of yoga.

This excellent yoga session was attended by a total of 100 students which was conducted from 8:00am to 11:00am, in the main building of the college.

Certificates were issued to each participant and a vote of thanks towards Mrs. Shilpa Salve and the other dignitaries was addressed at the end of the programme.



Deccan Education Society's
Shri. Navalmal Firodia Law College Pune



INTERNATIONAL DAY OF

YOGA

21st JUNE 2022



Chief Guest

Mrs. Shilpa Salve

Life Coach, Yoga Therapist, Author

Adv. Nitin Apte

(CDC, Chairman), GB Member DES

CONVENERS

Dr. Priya Chopde

(Officiating Principal, DES SNFLC)







DECCAN EDUCATION SOCIETY'S

Shri Navalmal Firodia Law College

(Affiliated to Savitribai Phule Pune University, ID No. PU / PN / LAW / 207 / 2004
(Approved by Bar Council of India & Govt. of Maharashtra)

Gate No. 3, Fergusson College Campus, Pune - 411004.
Tel. : (020) 67656400 Email : deslaw@despune.org Website : deslaw.edu.in

Outward No. : 263/22-23

Date : 14/06/2022

To
Mrs. Shilpa Salve
Life Coach,
Yoga Therapist and Author,
Pune

**Subject: Invitation as a Chief Guest to conduct yoga session on the occasion of
Yoga on 21st June, 2022.**

Respected Madam,

With immense joy and pleasure we introduce ourselves as a part of one of the renowned institutions of the country - Deccan Education Society (D.E.S.). The Society was established by great national leaders like Lokmanya Bal Gangadhar Tilak and Shri. Gopal Ganesh Agarkar. These visionaries had unwavering commitment toward the Indian masses and were determined to give the people of India an Educational Institute with the dream of a better future. With this goal in mind Deccan Education Society was established in 24th October, 1884.

D.E.S.'s Shri. Navalmal Firodia Law College was established in the year 2004. It is one of the premier institutes in Maharashtra imparting legal education through various degree and diploma courses.

Our college will be conducting a programme on the occasion of The International Day of Yoga. The programme is scheduled on 21st June, 2022 at 09.00 a.m.

We would like to invite you as a Chief Guest for the same.

We are eagerly looking forward to receive you as a **Chief Guest to conduct yoga session on the occasion of the International Day of Yoga** and be enlightened with your experience and wisdom gathered over a number of years in the field of Yoga.

It will be a great honor for us if you accept our humble invitation.

Yours sincerely,


Dr. Priya Chopde
Officiating Principal



Received




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Date : 21 / 06 / 2022

To
Mrs. Shilpa Salve
Life Coach,
Yoga Therapist and Author,
Pune

Subject: Letter of Gratitude.

Dear Madam,

Greetings from DES's Shri Navalmal Firodia Law College.

We sincerely express our gratitude for your time and your gracious presence as a **Chief Guest to conduct yoga session on the occasion of the International Day of Yoga on 21st June, 2022.**

We appreciate your valuable guidance and support during the entire session. Your presence and words of wisdom have had a profound impact on our students.

Looking forward to a continued association with you in future.

Regards,

pDlans
Dr Priya Chopde
Officiating Principal



Received
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Deccan Education Society's
Shri. Navalmal Firodia Law College, Pune

THE INTERNATIONAL DAY OF YOGA
21ST JUNE 2022



CERTIFICATE

This is to certify that _____

has participated in yoga session organized by Sports Department,
Shri. Navalmal Firodia Law college, Pune held on 21st June 2022 on the
occasion of The International Day of Yoga 2022



नितिन आपटे
Adv. Nitin Apte
Chairman CDC,
DES SNFLC

P.S.Chopde
Dr. Priya Chopde
Officiating
Principal

A.S. Baldota
Dr. Angha Baldota
Director, CLE

Boose
Asst. Prof Sandip Borse
Faculty Incharge,
Sports Department

Officiating Principal
DES SNFLC

Faculty In-Charge